



NEWSLETTER

PRECANSKATE & CANSKATE

Fall 2025

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WELCOME TO PRECANSKATE AND CANSKATE

As autumn leaves blow away with the wind, let the spirit of fun and action persist. Embrace this timely opportunity to embark on a journey of progress! Whether you are a novice in the realm of skating or aspiring to refine your skating skills, the Ice Edge Skating Club extends a warm invitation to join us on the ice! #SkateWithUs!

Ice Edge Skating Club, a non-profit organization, is affiliated with Skate Canada and operated by dedicated parent volunteers.



**Skate
Canada**



AB|NT|NU

Chestermere Rec Centre

201 West Chestermere Drive

WWW.ICEEDGESKATINGCLUB.COM



Skate Canada
Patinage Canada



**Parent
Meetings:**

Sunday, Sept 28

Thursday, Oct 2

**In the Blue Arena
stands!**

CLASS TIMES AND DATES

THURSDAYS

PreCanSkate (Ages 3-5)

4:30-5:00 pm

5:00-5:30 pm

CanSkate (Ages 5+)

4:30-5:30 pm

Dates

Oct 2, 9, 16, 23, 30

Nov 6, 13, 20, 27

Dec 4

SUNDAYS

PreCanSkate (Ages 3-5)

3:15-3:45 pm

3:45-4:15 pm

CanSkate (Ages 5+)

3:15-4:00 pm

4:00 - 4:45 pm

Dates

Sep 28

Oct 5, 19, 26

Nov 2, 9, 23, 30

Dec 7, 14



**NO SUNDAY
CLASSES ON:**

**Thanksgiving
Weekend
Oct 11 - 13**

**Hockey
Tournament
Weekend
Nov 14 - 16**

We are excited to start skating! But before getting out on the ice, please ensure that your skater gets a new name tag for their helmet. The name tags will be handed out by the parent volunteers at the welcome desk in the lobby prior to your child's first class!

Your skater will also get a star sticker. The sticker colour will match the colour of their group and the colour of the flower on the ice! They will then follow this flower colour as they progress through the 3 stations (agility, control and balance) during each class!



EQUIPMENT

HELMETS

All PreCanSkaters and CanSkaters must wear a CSA approved hockey helmet on the ice. Face cage is optional. Ski and bike helmets are not allowed.



SKATES

Skaters should use hockey skates with laces or figure skates with laces that are not colourful. Plastic skates are not recommended because they do not allow the ankle to bend correctly to learn the proper biomechanics of skating. They also have a lower quality of steel compared to a hockey skate so require to be sharpened more regularly. Skates normally fit like your shoe or one size smaller than your shoe size. You should avoid buying skates that are too big or are adjustable. There is not enough support in an adjustable size skate and skates that are too big or too small teach the wrong balance point of the blade and foot.

CLOTHING

All skaters should wear comfortable warm clothing as well as gloves or mittens to keep hands warm and protected.



For those interested to add a logo on their skater's clothing, IESC has set up embroidery services with Angela Embroidery, a local Chestermere business:

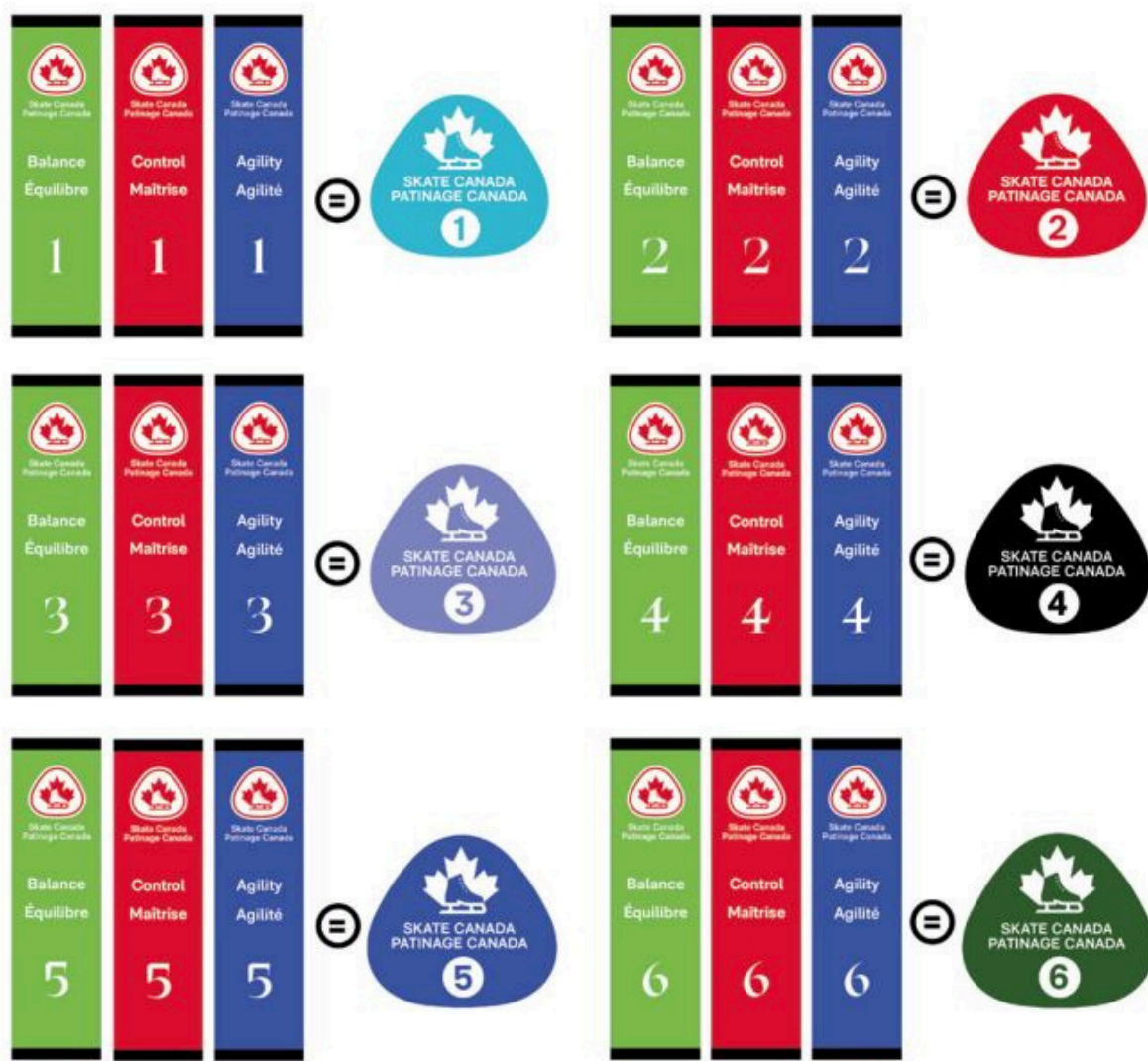
Website: www.sewsen.com

Warm-up Jacket standard embroidery includes front left Ice Edge logo, right sleeve Skate Canada logo and large Ice Edge logo on the back. A name bar on the left sleeve if you wish can be added for an additional cost. In addition, Angela Embroidery has our club logo in silk screen, approx. 8.5"W x 7.5" H that can be applied to hoodies, t-shirts or sweaters. Colour of the logo can be adjusted to show up on whatever colour of clothing.



SKATE CANADA BADGES

There are six levels in the Canskate program, and your skater will progress and receive a report card at the end of the final class. They will have the opportunity to earn a badge for levels 1-6 and a ribbon in control, balance, and agility at each of the six levels. Ribbons and badges will be given out as soon as the skater has earned them.



Canskate is taught by Professional Coaches, who are certified by Skate Canada, with the support of volunteer StarSkaters, who help out on the ice as Program Assistants (PAs).



CLUB POLICIES & OTHER INFO

Parents are not allowed to leave their skater at the rink alone because there is no one to help them if they need to go to the bathroom or if there is an emergency for which a parent needs to be present.

Due to insurance restrictions, parents cannot step onto the ice. Please take a seat in the stands and not at the player's bench.

Skaters are not allowed on the ice unless the coach is present.

There are no make-up classes for missed PreCanSkate or CanSkate classes.

Learn to skate with us!



CHANGE ROOMS

Skaters must use the dressing rooms or players bench to put their skates on.

The TV's in the lobby at the entrance of the rec centre show assigned dressing rooms each week. Please read the screen for IESC and be sure you are in the correct room.

ICE ENTRANCE

We typically skate in the Blue rink.

PreCanSkaters enter the ice on the far side of the blue rink near the stands and where the curling rink is.

Canskaters enter the ice near the players bench and change room side.